

older louder stronger



What is CAP?

The Changing Ageing Partnership (CAP) was established to improve the quality of life for older people. Funded by The Atlantic Philanthropies, the partnership brings together:-

- Age Concern Northern Ireland
- Help the Aged in Northern Ireland
- Queen's University Belfast
- Workers' Educational Association



The CAP Vision

A strong informed voice capable of challenging and changing attitudes and approaches to ageing.

The goal is to empower older people to transform how they are viewed by sections within our society. To realise this, the programme will develop a holistic agenda that recognises the multiple

realities of older people's lives alongside issues traditionally associated with older people such as health and social care, economic independence and community safety.



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The CAP strands

CAP's vision will be delivered through four integrated strands each led by a partner organisation:-

- Equality policy development with older people and public bodies (Age Concern Northern Ireland)
- Capacity building, co-ordination and communication with older people and age sector organisations (Help the Aged in Northern Ireland)
- Research and policy evidence that will support the work of age sector organisations and inform politicians, government and the wider policy family (Queen's University Belfast)
- Leadership and lobbying training to build advocacy skills among older people and groups (Workers' Educational Association)

Get involved

- Are you or your group interested in equality or human rights? Contact **James Knox** on **028 9024 5729** or email **jknox@ageconcernni.org**
- Find out how to get a campaign up and running or get an existing campaign on the road. Contact **Stephanie Campbell** on **028 9023 0666** or email **stephanie.campbell@helptheaged.org.uk**
- If you would like to hear about research on ageing or would like to influence the research agenda on ageing in Northern Ireland, contact **Una Lynch** on **028 9097 3650** or email **u.lynch@qub.ac.uk**
- Book a place on a workshop to equip you or your group with the skills to lobby and campaign on issues that are important to you. Contact **Attracta Cosgrove** on **028 9092 1231** or email **attracta.cosgrove@wea-ni.com**

**To find out more about CAP,
visit the website at www.changingageing.org**